

## 7 Amazing Ways to Get Rid of Fridge Smell - Cleaning Tips

**Author :** Kanchan Agarwal

**Categories :** [Home Decor](#)

**Date :** 02/08/2015



Do you face the problem of having the bad odour when you open the refrigerator? Well, then you must be aware of the source of the bad odour as it spoils the other refrigerated food items too. If not, then get ready to be attacked by germs in your food items.

My friends, this smell of your fridge is going to take your happiness for sure because a clean and fresh kitchen can only keep you healthy and happier.



It happens with most of us, whenever we open the refrigerator, the unpleasant and rotting smell force us to pucker our nose and brows. Bad odours usually spoil our mood.

Imagine when you as a family plans to cook the tasty meal for you loved ones like a routine process. So, how negative it would feel when you open the fridge & the bad odour thrashes your mind? There you come across some items that are the reasons of the bad smell inside your fridge. In fact, the smell would come for sure because we generally store food items to preserve them for a suitable time to consume.

[\(Read: 5 Easy Cleaning Tips for Your Home | Ezyshine\)](#)



But friends, you cannot ignore such odours just because you don't care..! You have to look into the matter and investigate as to what food items are stored from long time and when and how they have to be thrashed or used up. After all, it's a matter of your family's healthy living!

**Clean your refrigerator regularly by following these simple kitchen cleaning tips and get rid of the fridge smell to boost up your healthy life.**

## 1. Coffee Beans

We all love coffee as it is mood enhancer & make us relax from the stress. But do you know, apart from health benefits, it works surprisingly to get rid of fridge smell. [\(Read: Myths & Facts about caffeine addiction and health side effects\)](#)

Ya friends.. Shocking..!!

But it's true. The fragrance of coffee has magic to absorb the nasty mix odour of the leftover food. Take a bowl full of coffee beans and put it in the fridge. It will not only kick off the smell but leaves its flavourful essence. If you want to get lost in the coffee essence, then grind the beans and keep them in the fridge.

After this whenever you'll open the refrigerator, you'll feel relaxed with the flavourful fragrance.



## 2. Lemon - Miraculous aroma

This bright and juicy fruit has the capability to thump the squalid smell and make everyone crazy with its fresh scent. Generally lemon is considered as one of the best mood-boosting fruit, which relieve from the dull mood & make us happy. ([Read: 6 Different Types of Tea Recipes – Health Benefits of Tea](#))

If you love the lemon fragrance, then pour the lemon juice in half glass water & keep it in the fridge. You can even cut the lemon into half and keep it in the front shelf or the door shelf. The lemon fragrance is so strong that it will help you to get rid of fridge smell. It's fragrance lasts for some days.



### 3. Orange or Peppermint leaves

Orange is not only used as eatable but also for blooming the home with its fresh and sweet fragrance. Orange essence is the best way to get rid of fridge smell. All you need is just add 2-3 drops of orange essence in the water and clean the fridge. It's long-lasting youthful fragrance will make you happy and tone down. ([Read: 5 Natural Homemade Beauty Tips for Glowing Skin](#))



Same as orange, peppermint leaves are known for its fresh fragrance. Due to its freshness and stress relieving features, it is used in the summer beverages. To get rid of fridge smell, keep some peppermint leaves in the fridge or add few peppermint essence drops while cleaning the fridge. ([Read: 6 Refreshing Summer Drinks | Homemade Recipes of Juices & Shakes](#))

You can even keep this essence in the fridge like baking soda.



## 4. Baking Soda

Baking soda (Sodium bicarbonate) is not only used in the baking process but it is the good source to get rid of fridge smell. Take a bowl full of baking soda and keep it in the fridge for always or when you are feeling the bad smell in the fridge. It has the absorbing capacity. It will absorb the stinky smell and leave your refrigerator odourless. ([Read: 5 Secrets you should Teach your Child to Clean Up](#))



## 5. Vanilla

Are you facing the problem of the bad odour even after wiping the fridge? Give a chance to vanilla extracts or vanilla. Vanilla with its fruity flavour will help you to get rid of the fridge smell. ([Read: What Your Favorite Ice Cream Flavor Says About You](#))

Use the vanilla essence in the water while wiping the fridge or dip a cotton ball in the vanilla extract and keep it in the fridge. It will sprinkle its sweet fragrance in the refrigerator.



## 6. Vinegar

Vinegar too works wonderfully to get rid of fridge smell. Mix half water and half vinegar in a bowl. Dip a

sponge in it and clean your fridge with that solution. Clean both the fridge interior and exterior. Take a dry cloth and give the refrigerator a finishing touch. ([Read: 5 Easy Indian Starters Recipes – Healthy Snacks & Appetizers](#))

Vinegar will not only absorb the bad odour but undiluted vinegar can remove all the sticky stains that can make your refrigerator new and fresh. You can keep baking soda too after wiping it with vinegar.



## 7. Newspaper

Have you ever thought that newspaper can be used to get rid of the fridge smell. I was too shocked when one of my neighbours told me this. I tried it at my home and the results were amazing. I got relieved of all the malodor. ([Read: Tips to become a Successful Freelancer](#))

Fold the newspaper and keep it in the fridge for a week. It will absorb all the persistent smell. But make sure don't keep lots of newspaper. Try to keep them away from the fruits & vegetables as its ink can harm the eatables.

